



Original draft: 2/18/2016

Revision date: 5/5/2023

Approved by: ddavidson

Revised by: ddavidson

Revision #: 6

Document #: FG SPEC 1971 GF GRANOLA
HONEY OAT

BOB'S RED MILL NATURAL FOODS, INC.

Product Specification

Product Name: GF GRANOLA HONEY OAT

Product Number: 1971

Item Numbers: P101644; P101646; P101648

<u>Product Description:</u>	<i>GF GRANOLA HONEY OAT are made from whole grain rolled oats and honey, processed in accordance with 21 CFR Part 117 subpart B and in compliance with state and federal requirements for food safety and quality.</i>
<u>Ingredients:</u>	<i>Gluten Free Whole Grain Rolled Oats, Cane Sugar, Brown Rice, Canola Oil, Honey, Brown Rice Syrup, Molasses, Salt, Vanilla Extract (Vanilla Bean Extractives, Alcohol, Water), Mixed Tocopherols (Vitamin E).</i>
<u>Allergens:</u>	<i>No Allergens.</i>
<u>Gluten Free:</u>	<i>This product is a gluten-free food. In accordance with the Codex Alimentarius' established threshold for gluten contamination, this product contains less than 20 ppm gluten.</i>

Physical Properties

<u>Appearance:</u>	<i>Rolled oats in varying sized clusters.</i>
<u>Aroma:</u>	<i>Sweet, typical of honey and oats with no rancid or off-odors.</i>
<u>Flavor:</u>	<i>Sweet, typical of honey and oats with no rancid or undesirable flavors.</i>

BOB'S RED MILL NATURAL FOOD, INC.

Manufacturers of

Natural Stone Ground Whole Grain Flours • Cereals • Meals • Bulk Grains • Seeds • Beans
13521 SE Pheasant Ct. • Milwaukie, OR 97222 • (503) 654-3215 • FAX: (503) 653-1339 • www.bobsredmill.com



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Nutrition Facts

Serving Size: 1/2 Cup (69g)

Amount Per Serving

Calories **290**

% Daily Value*

Total Fat 7 g **9%**

Saturated Fat 1.0 g **5%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 65 mg **3%**

Total Carbohydrate 51 g **19%**

Dietary Fiber 5 g **18%**

Total Sugars 14 g

Includes 14 g Added Sugars **28%**

Protein 7 g

Vitamin D 0 mcg **0%**

Calcium 27 mg **2%**

Iron 2 mg **11%**

Potassium 209 mg **4%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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Certifications

Kosher:

Certified by OK Kosher Certification of Brooklyn, New York

3rd Party Food Safety
Audit:

SQF Food Safety Code Certified

Country of Origin:

United States of America

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