



Revised By: zeast

Version Date: 09/21/2022

Bob's Red Mill Natural Foods

Product Specifications:

Product Name: GF Hulled Hemp Seeds 5/8 oz

Product Number: P101757

Product Description: GF HEMP SEEDS HULLED are made from inner meat or nut of the hemp seed with the hull or shell removed, processed in accordance with 21 CFR Part 117 subpart B and in compliance with state and federal requirements for food safety and quality.

Ingredients: Hulled Hemp Seed.

Allergen List: No Allergens.

Physical Properties:

Appearance: Small white hemp hearts with some green skin flecks.

Aroma: Clean and slightly nutty with no rancid or off-odors.

Flavor: Clean and slightly nutty with no rancid or undesirable flavors.

Nutrition Facts	
Serving size	100g
Amount per serving	
Calories	554.00
% Daily Value*	
Total Fat 41.10g	53%
Saturated Fat 4.20g	21%
Trans Fat 0.00g	
Cholesterol 0.00mg	0%
Sodium 0.00mg	0%
Total Carbohydrate 10.70g	4%
Dietary Fiber 12.10g	48%
Total Sugars 1.80g	
Includes 0.00g Added Sugars	0%
Protein 35.40g	
Vitamin D 0.00mcg	
Calcium 41.70mg	
Iron 14.90mg	
Potassium 1060.00mg	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Certifications:

<u>Kosher Certification:</u>	OK Kosher Certification of Brooklyn, New York
<u>Non-GMO Certification:</u>	Verified by the Non-GMO Project.
<u>Audit Certification:</u>	SQF Food Safety Code: Food Manufacturing, ed. 9
<u>Organic Certification:</u>	
<u>Gluten Free Certification:</u>	< 20 ppm gluten
<u>Fair Trade Certified:</u>	
Country of Origin:	Canada.