



Recipe Info

Yield: 10 Servings
Calories: 180

Nutrition

Primary Nutrition Facts Table			%Daily Value*
Amount Per Serving			
Total Fat	3g		5%
Saturated Fat	1g		5%
Trans Fat	0g		—
Cholesterol	48mg		16%
Sodium	107mg		4%
Total Carbohydrates	25g		8%
Dietary Fiber	1g		2%
Total Sugars	2g		—
Protein	13g		26%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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Ingredients

- [1/3 cup Chocolate Milkshake Protein Powder](#)
- 1 banana
- 2 tbsp almond milk

- 2 eggs
- 1 cup quick oats
- 1 tsp baking powder
- 1 tsp vanilla extract
- 1/2 cup Greek yogurt

Directions

1. Blend all in a blender for one minute.
2. Once blended, set aside and allow the protein powder pancakes mixture to thicken.
3. Heat skillet until very hot then pour small amounts of batter onto surface. Flip pancakes after approximately 2 minutes or once batter begins to bubble and edges turn light golden brown.
4. Remove pancakes from skillet once golden brown and top with desired toppings.