

INGREDIENTS: BLANCHED ENRICHED MACARONI PRODUCT (WATER, SEMOLINA, EGG WHITES, NIACIN, IRON, THIAMIN, RIBOFLAVIN, FOLIC ACID), **WATER, SKIM MILK, SOYBEAN OIL, CHEDDAR CHEESE** (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), **COLBY CHEESE** (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), **SHARP CHEDDAR CHEESE** (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), **2% OR LESS OF MODIFIED CORNSTARCH, WHEY, WHEY PROTEIN CONCENTRATE, SODIUM PHOSPHATE, MILKFAT, POTASSIUM CHLORIDE, BUTTER** (CREAM, SALT), **CREAM, BLEACHED WHEAT FLOUR, SALT, MILK PROTEIN CONCENTRATE, POTASSIUM PHOSPHATE, LACTOSE, SEASONING** (NATURAL FLAVORING, BUTTERMILK POWDER, YEAST EXTRACT, MALTODEXTRIN, WHEY POWDER, LACTIC ACID, CALCIUM LACTATE, MALIC ACID, MANNITOL), **CARRAGEENAN, YEAST EXTRACT, GUAR GUM, XANTHAN GUM, CELLULOSE GUM, DATEM, MONO- AND DIGLYCERIDES, CITRIC ACID.**
CONTAINS: EGG, WHEAT, MILK.

Nutrition Facts

Serving Size 1 Cup (220g)
 Servings Per Container about 33

Amount Per Serving

Calories 380 Calories from Fat 210

% Daily Value*

Total Fat 24g **37%**

Saturated Fat 9g **45%**

Trans Fat 0.5g

Cholesterol 45mg **15%**

Sodium 760mg **32%**

Total Carbohydrate 28g **9%**

Dietary Fiber 1g **4%**

Sugars 7g

Protein 15g

Vitamin A 4% • Vitamin C 0%

Calcium 30% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g