

Nutrition Facts*	
Serving Size 8 fl. oz.	
Amount/Serving	
Calories	50
Fat Calories	0
% DV**	
Total Fat Og	0%
Sat. Fat Og	0%
Trans. Fat Og	0%
Cholesterol Omg	0%
Sodium 64Omg	27%
Potassium 46Omg	13%
Carbohydrate Total 10g	3%
Fiber 2g	8%
Sugars 6g	
Protein 2g	
Vitamin A	40%
Vitamin C	150%
Calcium	4%
Iron	4%

Ingredients

Reconstituted Vegetable Juice Blend (Water And Concentrated Juices Of Tomatoes, Carrots, Celery, Beets, Parsley, Lettuce, Watercress, Spinach), Contains Less Than 2% Of: Salt, Vitamin C (Ascorbic Acid), Natural Flavoring, Citric Acid.

* The nutrition information contained in this list of Nutrition Facts is based on our current data. However, because the data may change from time to time, this information may not always be identical to the nutritional label information of products on shelf.

** % Daily Values (DV) are based on a 2,000 calorie diet.

†8 fl. Oz. juice provides 2 servings (½ cup each) of vegetables. The 2010 Dietary Guidelines for Americans recommend 2 ½ cups of variety of vegetables per day for a 2,000 calorie diet.

**Not a low calorie food – see nutrition information pane for sugar and calorie content.