

Sliced sweet plantain 4/6lb

Product of Ecuador

Bananes plantain en rondelles



4 - FROZEN VEGETABLES
40 - IQF VEGETABLES
408 - CARRIBEAN VEGETABLES

Product Description

These pre-cooked sweet sliced plantains can be served in an array of presentations, as an appetizer, side-dish or dessert. These plantains are under Latin Fiesta Brand. The latin Fiesta Item # is 503405.

Pack and Case Specifications

Pack Net Weight	Packs per Case	Unit per Pack
6 lb	4	1
Case Size (LxWxH)	Case Gross Weight	Cases per Pallet
15.35 x 11.81 x 6.88	25.1	110 (10/11)
Master Case GTIN	Case Cube	Expiration Date Codification
00825414408279	0.72	YYYY-MM-DD

Microbiological

Aerobix mesophilic: ? 50,000 cfu/g
Enterobacteriaceae: ? 5,000 cfu/g
E.coli: ? 10 cfu/g
Salmonella: Absence/25g
Listeria Monocytogenes: Absence/25g

Ingredients

RIPE PLANTAIN (MUSA PARADISIACA), PALM OLEIN.

Allergens

NONE..

Directions

Deep Fryer or Oven

Preheat oil to 300°F (150°C) and deep-fry for 4 to 5 minutes until golden brown. Drain and serve.

- Conventional oven: Preheat oven to 400°F (200°C) and place the plantain evenly on a baking tray in a single layer. Cook for 12-15 minutes until golden brown.

- Convection oven: Preheat oven to 375°F (190°C) and place the plantain evenly on a baking tray in a single layer. Cook for 12-15 minutes until golden brown.

Physical

Length: 2.95" to 4.13" (75 to 105mm)
Thickness: 0.67" - 0.98" (17 to 25mm)
Average unit weight: 0.71 to 1.76 oz
Average count/bag: 64 to 80 slices
Brix: 29 to 33°

Organoleptic

Color: Yellow
Odor: Characteristic of plantains.
Taste: Characteristic of plantains.
Texture: soft

Certificates and Claims

FSSC 22000 & BASC certified.
No Trans Fat, No Cholesterol, No Hydrogenated.

Nutrition

Nutrition Facts

About 36 servings per container

Serving size 2 slices (85g)

Amount per serving

Calories 180

% Daily Value*

Total Fat 5g 6%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 33g 12%

Dietary Fiber 3g 11%

Total Sugars 23g

Includes 0g Added Sugars 0%

Protein 1g

Vitamin D 0mcg 0%

Calcium 5mg 0%

Iron 0.6mg 4%

Potassium 400mg 8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

