

caramel

Flavor Protein Shake



INGREDIENTS: FILTERED WATER, MILK PROTEIN CONCENTRATE†, CALCIUM CASEINATE†, CONTAINS LESS THAN 1% OF SUNFLOWER OIL OR SOYBEAN OIL, NATURAL AND ARTIFICIAL FLAVORS, CELLULOSE GEL AND CELLULOSE GUM, SALT, SUCRALOSE, ACESULFAME POTASSIUM, CARRAGEENAN, TRIPOTASSIUM PHOSPHATE, DIPOTASSIUM PHOSPHATE, SODIUM HEXAMETAPHOSPHATE, **VITAMIN AND MINERAL BLEND** (DL-ALPHA-TOCOPHERYL ACETATE [VITAMIN E], ZINC GLYCINATE CHELATE, FERRIC ORTHOPHOSPHATE, VITAMIN A PALMITATE, NIACINAMIDE, PHYTONADIONE [VITAMIN K1], POTASSIUM IODIDE, CHOLECALCIFEROL [VITAMIN D3], COPPER GLUCONATE, CALCIUM D-PANTOTHENATE, MANGANESE SULFATE, SODIUM SELENITE, BIOTIN, SODIUM MOLYBDATE, FOLIC ACID, THIAMINE MONONITRATE [VITAMIN B1], CYANOCOBALAMIN [VITAMIN B12], PYRIDOXINE HYDROCHLORIDE [VITAMIN B6], RIBOFLAVIN [VITAMIN B2], CHROMIUM POLYNICOTINATE), MAGNESIUM PHOSPHATE, SODIUM ASCORBATE. **CONTAINS MILK AND SOY.** †SOURCE OF PROTEIN

Nutrition Facts

1 serving per container
Serving size 1 Shake (11 fl oz)

Amount per serving
Calories **160**

	% Daily Value*
Total Fat 3g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 350mg	15%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 1g	
Incl. 0g Added Sugars	0%
Protein 30g	60%

Vitamin D 6mcg 30%	•	Calcium 650mg 50%
Iron 1.8mg 10%	•	Potassium 180mg 4%
Vitamin A 230mcg 25%	•	Vitamin C 23mg 25%
Vitamin E 3.8mg 25%	•	Vitamin K 30mcg 25%
Thiamin 0.24mg 20%	•	Riboflavin 0.26mg 20%
Niacin 3.2mg 20%	•	Vitamin B6 0.34mg 20%
Folate 80mcg DFE 20%	•	Vitamin B12 0.48mcg 20%
(47mcg folic acid)		
Biotin 6mcg 20%	•	Pantothenic Acid 1mg 20%
Phosphorus 550mg 45%	•	Iodine 23mcg 15%
Magnesium 85mg 20%	•	Zinc 2.8mg 25%
Selenium 8mcg 15%	•	Copper 0.14mg 15%
Manganese 0.35mg 15%	•	Chromium 5.3mcg 15%
Molybdenum 6.8mcg 15%		

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.