

# Nutrition Facts

16 servings per container

**Serving size**

**1 oz. (28g)**

**Amount Per Serving**

**Calories**

**150**

**% Daily Value\***

|                     |            |
|---------------------|------------|
| <b>Total Fat</b> 9g | <b>12%</b> |
|---------------------|------------|

|                    |            |
|--------------------|------------|
| Saturated Fat 2.5g | <b>13%</b> |
|--------------------|------------|

|                     |  |
|---------------------|--|
| <i>Trans</i> Fat 0g |  |
|---------------------|--|

|                        |           |
|------------------------|-----------|
| <b>Cholesterol</b> 0mg | <b>0%</b> |
|------------------------|-----------|

|                     |           |
|---------------------|-----------|
| <b>Sodium</b> 200mg | <b>9%</b> |
|---------------------|-----------|

|                               |           |
|-------------------------------|-----------|
| <b>Total Carbohydrate</b> 15g | <b>5%</b> |
|-------------------------------|-----------|

|                  |           |
|------------------|-----------|
| Dietary Fiber 1g | <b>4%</b> |
|------------------|-----------|

|                 |  |
|-----------------|--|
| Total Sugars 1g |  |
|-----------------|--|

|                          |           |
|--------------------------|-----------|
| Includes 0g Added Sugars | <b>0%</b> |
|--------------------------|-----------|

|                   |           |
|-------------------|-----------|
| <b>Protein</b> 2g | <b>4%</b> |
|-------------------|-----------|

Not a significant source of vitamin D, calcium, iron, and potassium

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.