

Nutrition Facts

1 servings per container

Serving size (42g)

Amount Per Serving

Calories **220**

% Daily Value*

Total Fat 14g **18%**

Saturated Fat 3g **15%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 450mg **20%**

Total Carbohydrate 24g **9%**

Dietary Fiber 2g **7%**

Total Sugars 3g

Includes 0g Added Sugars **0%**

Protein 3g **6%**

Not a significant source of vitamin D, calcium, iron, and potassium

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.