

NUTRITION FACTS

1 Serving Per Container

Serving size

1 Bag (42g)

Amount per serving

Calories

230

% Daily Value*

Total Fat 14g 18%

Saturated Fat 1.5g 8%

Trans Fat 0g

Polyunsaturated Fat 1.5g

Monounsaturated Fat 11g

Cholesterol 0mg 0%

Sodium 260mg 11%

Total Carbohydrate 23g 8%

Dietary Fiber 3g 11%

Total Sugars 1g

Includes 1g Added Sugars 2%

Protein 3g

Vitamin D 0mcg 0%

Calcium 0mg 0%

Iron 1mg 6%

Potassium 483mg 10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

POTATOES, SAFFLOWER AND/OR SUNFLOWER AND/OR CANOLA OIL, DEXTROSE, SALT, SUGAR, MALTODEXTRIN, ONION POWDER, SPICES, TORULA YEAST, YEAST EXTRACT, GARLIC POWDER, JALAPEÑO POWDER, NATURAL FLAVORS, PARSLEY FLAKES.