



2.5 oz Soft Pretzels Pre-Baked - No Salt - 100 ct

MANUFACTURER'S PRODUCT CODE: **3010**

Nutrition Facts

Serving Size 1 pretzel (2.5 oz./71 g)(2.5oz)
Serving Per Container 100

Amount Per Serving

Calories 170 Calories from Fat 5

% Daily Value*

Total Fat 0.5g 1%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 150mg 6%

Total Carbohydrates 36g 12%

Dietary Fiber 1g 4%

Sugars 1g

Protein 5g

Vitamin A 0%

Vitamin C 0%

Calcium 0%

Iron 10%

* Percent Daily Values are based on a 2000 calorie diet.
Your daily value may be higher or lower depending on
your calorie needs.

	Calories	2200	2700
Total Fat	Less than	120g	180g
Saturated Fat	Less than	25g	65g
Cholesterol	Less than	50mg	70mg
Sodium	Less than	10mg	15mg
Potassium	Less than	0mg	0mg
Total Carbohydrate		200g	270g
Dietary		33g	76g

Storage/ Handling:

Keep Frozen (0° F or below). Shelf life
up to one year when stored properly.

Preparation Instruction:

Oven – 1) Preheat oven to 350 - 400°
F.* 2) Lightly mist frozen soft pretzel
with water, then sprinkle with salt or
press face down in a bed of salt. 3)
Place salted soft pretzel in the oven and
cook for 3-4 minutes.*

Microwave – 1) Lightly mist frozen soft
pretzel with water, then sprinkle with
salt or press face down in a bed of salt.
2) Place salted soft pretzel on a
microwaveable safe tray. 3) Microwave
on HIGH for 20-40 seconds.*
* Heating times and temperatures may
vary.

Ingredients:

Enriched Wheat flour (wheat flour, malted barley flour, niacin, reduced
iron, thiamine mononitrate, riboflavin, folic acid), water, corn syrup, yeast,
bicarbonates and carbonates of soda.

Allergen Information:

Contains: Wheat

Kosher Type:

OU - PAREVE

Child Nutrition Statement:

Product Specifications:

UPC	SCC/GTIN	Case	Pack
073321001216	10073321001213	1	100

Case Dimensions					
Case Length	Case Width	Case Height	Case Cube	Net Weight (Lbs)	Gross Weight (Lbs)
15.875	10.375	15.625	1.49	16.25	17

Pallet Dimensions		
Pallet Tier	Pallet High	Pallet Count
12	5	60

I certify that the nutritional information contained on this page is true and
correct.

Kirsten Leo
Research and Development Manager

J&J Snack Foods Corp. 6000 Central Highway, Pennsauken, NJ 08109 •
(800) 486-9533 x6140 • www.jjsnack.com

08/12/2019



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With Salt

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