

Nutrition Facts	
About 252 servings per container	
Serving size	1 tbsp (15mL)
Amount per serving	
Calories	60
% Daily Value	
Total Fat 0g	0%
Sodium 5mg	0%
Total Carbohydrate 16g	6%
Dietary Fiber 1g	4%
Total Sugars 15g	30%†
Protein 0g	
Calcium 30mg 2% • Iron 0.7mg 4%	
Potas. 200mg 4% • Magnesium 10mg 2%	
Not a significant source of saturated fat, trans fat, cholesterol and vitamin D.	
†One serving adds 15g of sugar to your diet and represents 30% of the Daily Value for Added Sugars.	

INGREDIENTS: MOLASSES.