

Identified Hazards: Metro Commodities, Inc. hereby notifies Customer, pursuant to 21 CFR 117.136, that products supplied are not processed to control microbiological pathogens and are not ready to eat or suitable for use in ready to eat applications without further processing. This notification applies to all products and will remain in effect unless notified in writing by Metro Commodities, Inc.

Physical Characteristics

Moisture	16.0% Maximum
Total Damaged	2.0% Maximum
Foreign Material (naturally occurring)	0.5% Maximum (including 0.2% stones)
Contrasting Classes	0.5% Maximum

Nutrition Facts

About 9 servings per 1 lb. container
 About 15 servings per 1.7 lb. container
 About 36 servings per 4 lb. container
 About 90 servings per 10 lb. container
 About 181 servings per 20 lb. container
 About 227 servings per 25 lb. container
 About 453 servings per 50 lb. container
 About 498 servings per 55lb. container
Serving Size 1/4c dry (50g)

Amount per serving

Calories **180**

% Daily Value*

Total Fat 3g **4%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 10mg **0%**

Total Carbohydrate 30g **11%**

Dietary Fiber 6g **21%**

Total Sugars 5g

Includes 0g Added Sugars **0%**

Protein 10g

Vitamin D 0mcg **0%**

Calcium 28mg **2%**

Iron 2mg **10%**

Potassium 360mg **8%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.