

# Nutrition Facts

Serving Size 1 pack (28g)

## Amount per serving

Calories 100  
Calories from Fat 15.0

% Daily Value\*

Total fat 2g **3.0 %**  
Saturated Fat 0g **0%**  
Trans Fat 0g  
Cholesterol 0mg **0%**  
Sodium 95.0 mg **4.0 %**  
Potassium 70.0 mg **2.0 %**  
Total Carbohydrate 21.0 g **7.0 %**  
Dietary Fiber 1.0 g **4.0 %**  
Sugar 12.0 g  
Protein 1.0 g

Vitamin A **0%** Calcium **2.0 %**

Vitamin C **0%** Iron **4.0 %**

\*Percent Daily Values are based on a 2,000 calorie diet.  
Your daily values may be higher or lower depending on  
your calorie needs:

|             | Calories  | 2,000   | 2,500   |
|-------------|-----------|---------|---------|
| Total Fat   | Less Than | 65g     | 80g     |
| Sat Fat     | Less Than | 20g     | 25g     |
| Cholesterol | Less Than | 300mg   | 300mg   |
| Sodium      | Less Than | 2,400mg | 2,400mg |
| Total Carb  |           | 300g    | 375g    |
| Fiber       |           | 25g     | 30g     |

The information shown here may vary from the information on product currently in distribution. Keep in mind that the ingredients and formulas change, so nutritional information, including trans fat information, may also change. For the most accurate information for a particular product, please refer to the nutrition and ingredient information on the product package.