

Nutritional Information Per 100 Grams
CP#48 Bloody Mary Craft Puree

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)
 CP#48	100	Gram	100.00	158.66	1.84	0.29	0.04	0
Total			100.00	158.66	1.84	0.29	0.04	0

Item Name	Carb (g)	Fib(16) (g)	Sugar (g)	SugAdd (g)	Prot (g)	VitA-IU (IU)	Vit C (mg)	Vit D-mcg (mcg)
 CP#48	15.67	2.26	6.20	0	4.28	9.38	0.36	0
Total	15.67	2.26	6.20	0	4.28	9.38	0.36	0

Item Name	Calc (mg)	Iron (mg)	Pot (mg)	Sod (mg)	Ash (g)	Folate (mcg)	Fol_Acid (mcg)	Water (g)
 CP#48	62.55	2.19	541.60	1184.64	6.72	0	0	61.54
Total	62.55	2.19	541.60	1184.64	6.72	0	0	61.54

CP#48
12/07/2020

Nutrition Facts

servings per container

Serving size (100g)

Amount per serving

Calories **160**

% Daily Value*

Total Fat 2g **3%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 1180mg **51%**

Total Carbohydrate 16g **6%**

Dietary Fiber 2g **7%**

Total Sugars 6g

Includes 0g Added Sugars **0%**

Protein 4g

Vitamin D 0mcg **0%**

Calcium 63mg **4%**

Iron 2mg **10%**

Potassium 542mg **10%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4