

Nutrition Label

Regal Canadian Steak Seasoning

Nutrition Facts

Serving Size 1/2 oz (14g)

Servings Per Container 36

Amount Per Serving

Calories 30 Calories from Fat 5

% Daily Value*

Total Fat 0.5g **1 %**

Saturated Fat 0g **0 %**

Trans Fat 0g

Cholesterol 0mg **0 %**

Sodium 2010mg **84 %**

Total Carbohydrate 6g **2 %**

Dietary Fiber 1g **6 %**

Sugars 1g

Protein 1g

Vitamin A 0% • Vitamin C 6%

Calcium 4% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		Calories	2,000	2,500
Total Fat	Less than	65 g	80 g	
Sat Fat	Less than	20 g	25 g	
Cholesterol	Less than	300 mg	300 mg	
Sodium	Less than	2,400 mg	2,400 mg	
Total Carbohydrate		300 g	375 g	
Dietary Fiber		25 g	30 g	

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Sea Salt, Black Pepper, Onion, Garlic, Canola Oil, Coriander, Crushed Red Pepper, Thyme Leaves, Rosemary, Dill Weed