



CABOT CREAMERY
30936 - Cheese Ched Yel Mild Current

Cabot has won every major award for taste, including the Worlds Best Cheddar. Cabot Cheddar is high in protein, low in carbohydrates and naturally gluten-free and lactose-free. Its also a good source of calcium for healthy teeth and bones.



Nutrition Facts

Servings per Container 160
Serving size 1InchCube (28g)

Amount per serving
Calories 110

	% Daily Value*
Total Fat 9g	14%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 180mg	7%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes Added Sugar	%
Protein 7g	
Vitamin D	%
Calcium	20%
Iron 0mg	0%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

Pasteurized milk, cheese cultures, salt, enzymes, annatto (for color.)

⚠ Allergens

Contains:



Free From:



Handling Suggestions

Refrigerate between 35-45 degrees Fahrenheit.

Serving Suggestions

Classic or flavored Cabot Cheddars have a complexity that makes them delicious all on their own as a snack or hors doeuvre. They also pair perfectly with a wide array of foods, from savory smoked nuts and meats to sweet fruits like grapes and apples. <http://www.cabotchese.coop/cheddar>

Prep & Cooking Suggestions

Use tangy Cabot Cheddar fresh from the frigtucked into a sandwich, grated up and tossed into a salad, or cut into cubes for an appetizer. Or magnify the flavor by melting it into soup, over pizza, or throughout a dish of mac and cheese.

✍ Product Specifications

Brand	Manufacturer	Product Category
CABOT CREAMERY	Cabot Creamery Cooperative	Cheese

MFG #	SPC #	GTIN	Pack	Pack Desc.
0703	30936	90078354707039	1	1 / / cs

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11.06lb	10.7lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
11.89in	7.44in	4.22in	0.22ft3	20x5	360DAYS	35°F / 45°F



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Nutrition Analysis - By Serving

Calories	110kcal	Total Fat	9g	Sodium	180mg
Protein	7g	Trans Fats	0g	Calcium	
Total Carbohydrates...	1g	Saturated Fat	6g	Iron	0mg
Sugars	0g	Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	30mg		
Vitamin A(IU)•		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

 Additional Images

