



Revised By: zeast

Version Date: 09/19/2022

Bob's Red Mill Natural Foods

Product Specifications:

Product Name: GF OG Classic Oatmeal Cup 12/1.8 oz

Product Number: P102050

Product Description: OG GF Classic Oatmeal Cup are made from Organic Oat blend including chia seeds and flaxseeds,, processed in accordance with 21 CFR Part 117 subpart B and in compliance with state and federal requirements for food safety and quality.

Ingredients: Organic Whole Grain Oats, Organic Chia Seed, Organic Flaxseed, Salt.

Allergen List: No Allergens.

Physical Properties:

Appearance: Light tan oat blend with brown and black seeds throughout.

Aroma: Clean, typical of oats with no rancid or off-odors. with no rancid or off-odors.

Flavor: Clean, typical of oats with no rancid or undesirable flavors. with no rancid or undesirable flavors.

Nutrition Facts	
Serving size	100g
Amount per serving	
Calories	395.93
% Daily Value*	
Total Fat 8.86g	11%
Saturated Fat 1.48g	7%
Trans Fat 0.02g	
Cholesterol 0.00mg	0%
Sodium 297.65mg	13%
Total Carbohydrate 65.11g	24%
Dietary Fiber 12.66g	51%
Total Sugars 1.12g	
Includes 0.00g Added Sugars	0%
Protein 13.95g	
Vitamin D 0.00mcg	
Calcium 65.19mg	
Iron 3.91mg	
Potassium 417.33mg	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Certifications:

<u>Kosher Certification:</u>	OK Kosher Certification of Brooklyn, New York
<u>Non-GMO Certification:</u>	Verified by the Non-GMO Project.
<u>Audit Certification:</u>	SQF Food Safety Code: Food Manufacturing, ed. 9

Country of Origin: United States of America.