

Nutritional Information Per 100 Grams
 BI#3 Spicy Pineapple Beverage Infusion

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	
+ BI#3	100	Gram	100.00	234.82	0.02	0.01	0	0	
Total			100.00	234.82	0.02	0.01	0	0	
Item Name	Carb (g)	Fib(16) (g)	Sugar (g)	SugAdd (g)	Prot (g)	Vit A-IU (IU)	Vit C (mg)	Vit D-mcg (mcg)	
+ BI#3	52.73	0	47.00	45.21	0.06	0	75.67	0	
Total	52.73	0	47.00	45.21	0.06	0	75.67	0	
Item Name	Calc (mg)	Water (g)	Iron (mg)	Pot (mg)	Sod (mg)	Ash (g)	Folate (mcg)	Fol_Acid (mcg)	
+ BI#3	1.44	42.32	0.19	0.50	32.40	0.14	0	0	
Total	1.44	42.32	0.19	0.50	32.40	0.14	0	0	

BI#3
10/09/2019

Nutrition Facts	
servings per container	
Serving size	(100g)
Amount per serving	
Calories	230
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 30mg	1%
Total Carbohydrate 53g	19%
Dietary Fiber 0g	0%
Total Sugars 47g	
Includes 45g Added Sugars	90%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 1mg	0%
Iron 0mg	0%
Potassium 0mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	