

Nutrition Facts

(Unprepared)

101 Servings Per Container

Serving Size **76 g**

Amount Per Serving

Calories **150**

	% Daily Value*
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Polyunsaturated Fat 0 g	
Monounsaturated Fat 0 g	
Cholesterol 0 mg	0%
Sodium 15 mg	1%
Total Carbohydrate 35 g	13%
Dietary Fiber 6 g	21%
Sugar 1 g	
Added Sugar 0 g	0%
Protein 3 g	
Vitamin D 0 µg	0%
Potassium 440 mg	10%
Calcium 30 mg	0%
Iron 5.4 mg	30%
Vitamin A 0 µg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.