

Nutrition Facts

9 servings per container

Serving Size about ½ cup (90 g)

Amount per serving

Calories **90**

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	1%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate 21g	8%
Dietary Fiber 3g	9%
Total Sugars 18g	
Includes 5g Added Sugars	10%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 0.3mg	2%
Potassium 150mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.