

Nutritional Information Per 100 Grams
 #ART#58-NS Artisan Natural Purple Sweet Potato Flavor

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)
+ ART#58-NS	100	Gram	100.00	260.35	0.06	0.01	0	0.83
Total			100.00	260.35	0.06	0.01	0	0.83
Item Name	Carb (g)	Fib(16) (g)	Sugar (g)	SugAdd (g)	Prot (g)	Vit A-IU (IU)	Vit C (mg)	Vit D-mcg (mcg)
+ ART#58-NS	35.59	0.00	19.00	0	3.07	29.03	12.28	0
Total	35.59	0.00	19.00	0	3.07	29.03	12.28	0
Item Name	Vit E-IU (IU)	Calc (mg)	Water (g)	Iron (mg)	Pot (mg)	Sod (mg)	Ash (g)	Folate (mcg)
+ ART#58-NS	0.00	92.94	40.99	0.38	0.50	288.69	4.12	0.01
Total	0.00	92.94	40.99	0.38	0.50	288.69	4.12	0.01
Item Name	Fol_Acid (mcg)							
+ ART#58-NS	0							
Total	0							

ART#58-NS
04/09/2019

Nutrition Facts

servings per container

Serving size (100g)

Amount per serving

Calories **260**

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 290mg **13%**

Total Carbohydrate 36g **13%**

Dietary Fiber 0g **0%**

Total Sugars 19g

Includes 0g Added Sugars **0%**

Protein 3g

Vitamin D 0mcg **0%**

Calcium 93mg **8%**

Iron 0mg **0%**

Potassium 1mg **0%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4