

Nutritional Information Per 100 Grams
 CP#8 Blueberry Craft Puree

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)
☐ CP#8	100	Gram	100.00	197.98	0.06	0.00	0.00	0
Total			100.00	197.98	0.06	0.00	0.00	0

Item Name	Carb (g)	Fib(16) (g)	Sugar (g)	SugAdd (g)	Prot (g)	Vit A-IU (IU)	Vit C (mg)	Vit D-mcg (mcg)
☐ CP#8	35.26	0.03	32.50	26.27	0.22	0.60	108.24	0
Total	35.26	0.03	32.50	26.27	0.22	0.60	108.24	0

Item Name	Calc (mg)	Iron (mg)	Sod (mg)	Water (g)	Ash (g)	Vit E-IU (IU)	Folate (mcg)	Fol_Acid (mcg)
☐ CP#8	7.48	0.14	53.79	37.10	0.16	0	0	0
Total	7.48	0.14	53.79	37.10	0.16	0	0	0

Item Name	Pot (mg)
☐ CP#8	36.13
Total	36.13

CP#8
10/22/2019

Nutrition Facts

servings per container

Serving size (100g)

Amount per serving

Calories **200**

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 55mg **2%**

Total Carbohydrate 35g **13%**

Dietary Fiber 0g **0%**

Total Sugars 32g

Includes 26g Added Sugars **50%**

Protein 0g

Vitamin D 0mcg **0%**

Calcium 7mg **0%**

Iron 0mg **0%**

Potassium 36mg **0%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4