

Nutritional Information Per 100 Grams
ART#59-NS Artisan Blackberry Flavor

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)
+ ART#59-NS	100	Gram	100.00	324.74	0.01	0.01	0.01	0.10
Total			100.00	324.74	0.01	0.01	0.01	0.10

Item Name	Carb (g)	Fib(16) (g)	TotFib (g)	Sugar (g)	SugAdd (g)	Prot (g)	Vit A-IU (IU)	Vit C (mg)
+ ART#59-NS	73.03	0	0.33	65.68	59.13	5.13	5.00	275.88
Total	73.03	0	0.33	65.68	59.13	5.13	5.00	275.88

Item Name	Vit D-mcg (mcg)	Calc (mg)	Iron (mg)	Pot (mg)	Sod (mg)	Ash (g)	Folate (mcg)	Fol_Acid (mcg)
+ ART#59-NS	0	14.22	0.52	52.04	162.45	1.07	0	0
Total	0	14.22	0.52	52.04	162.45	1.07	0	0

Item Name	Water (g)
+ ART#59-NS	22.50
Total	22.50

ART#59-NS
02/19/2020

Nutrition Facts	
servings per container	
Serving size	(100g)
Amount per serving	
Calories	320
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 73g	27%
Dietary Fiber 0g	0%
Total Sugars 66g	
Includes 59g Added Sugars	120%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 14mg	2%
Iron 1mg	6%
Potassium 52mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	