

Nutritional Information Per 100 Grams
ART#13-NS Artisan Cookies & Cream Flavor

Spreadsheet

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)
+ ART#13-NS	100	Gram	100.00	331.34	3.28	2.19	0	0
Total			100.00	331.34	3.28	2.19	0	0

Item Name	Carb (g)	Fib(16) (g)	Sugar (g)	SugAdd (g)	Prot (g)	VitA-IU (IU)	Vit C (mg)	Vit D-mcg (mcg)
+ ART#13-NS	71.73	0	60.26	60.25	3.28	0	0	0
Total	71.73	0	60.26	60.25	3.28	0	0	0

Item Name	Calc (mg)	Iron (mg)	Pot (mg)	Sod (mg)	Ash (g)	Folate (mcg)	Fol_Acid (mcg)	Water (g)
+ ART#13-NS	0.00	1.18	0.00	4.91	0.05			18.45
Total	0.00	1.18	0.00	4.91	0.05			18.45

07/22/2020

Nutrition Facts	
servings per container	
Serving size	
Amount per serving	
Calories	330
% Daily Value*	
Total Fat 3.5g	4%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 72g	26%
Dietary Fiber 0g	0%
Total Sugars 60g	
Includes 60g Added Sugars	120%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1mg	6%
Potassium 0mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	