



U.S. REGULATORY SERVICES
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Nutritional Datasheet

ALLCODES OREGANO

NUTRIENT	PER 100 GRAMS unrounded
Calories (kcal)	265.000
KiloJoules (kJ)	1,108.760
Total Fat (g)	4.280
Saturated Fat (g)	1.551
Polyunsaturated Fat (g)	1.369
Monounsaturated Fat (g)	0.716
Trans Fat (g)	0.000
Cholesterol (mg)	0.000
Sodium (mg)	25.000
Total Carbohydrate (g)	68.920
Dietary Fiber (g)	42.500
Total Sugars (g)	4.090
Added Sugars (g)	0.000
Protein (g)	9.000
Vitamin D (mcg)	0.000
Calcium (mg)	1,597.000
Iron (mg)	36.800
Potassium (mg)	1,260.000
Water (g)	9.930
Ethanol (Alcohol) (g)	0.000
Ash (g)	7.870

* Information from USDA National Nutrient Database for Standard Reference

Date of Issuance December 06, 2022

Issued By SYLWIA
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