

NUTRITIONAL INFORMATION

Serving Size: 1 piece (20g)

CALORIES

70

TOTAL FAT

6G

TOTAL SUGARS

0G

% DAILY VALUE*

Total Fat:	6g	8%
Saturated Fat:	4g	20%
Trans Fat:	0g	
Cholesterol:	15mg	5%
Sodium:	135mg	6%
Total Carb:	0g	0%
Dietary Fiber:	0g	0%
Total Sugars:	0g	
Incl. Added Sugars:	0g	0%
Protein:	4g	
Vitamin D:	0mcg	0%
Calcium:	140mg	10%
Iron:	0mg	0%
Potassium:	20mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

Pasteurized Cultured Milk, Salt, Microbial Enzymes.



GLUTEN
FREE



NO
ARTIFICIAL
COLORS OR
FLAVORS



RBST FREE*

Contains: Milk.

*No significant difference has been shown between milk derived from rBST-treated and non-rBST treated cows.