

Nutrition Facts

1 serving per container

Serving size 5.3 oz (150g)

Amount Per Serving

Calories 160

% Daily Value*

Total Fat 8g 10%

Saturated Fat 5g 25%

Trans Fat 0g

Cholesterol 25mg 8%

Sodium 50mg 2%

Total Carbohydrate 10g 4%

Dietary Fiber 2g 7%

Total Sugars 9g

Includes 7g Added Sugars 14%

Protein 16g 32%

Vitamin D 0mcg 0%

Calcium 170mg 15%

Iron 0mg 0%

Potassium 120mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

MEADOW BERRY

- ♥ LACTOSE-FREE, REAL DAIRY
- ♥ 16g OF PROTEIN
- ♥ BILLIONS OF LIVE PROBIOTICS
- ♥ EXTRA CREAMY (6% *milkfat*)
- ♥ 13 ESSENTIAL NUTRIENTS

Ingredients:

Organic Skyr Yogurt (Pasteurized Organic Whole Milk, Live Active Cultures), Organic Meadow Berry Puree (Organic Cane Sugar, Organic Raspberries, Organic Blueberries, Organic Strawberries, Organic Corn Starch, Organic Flavors, Organic Elderberry Juice Concentrate, Organic Guar Gum, Organic Lemon Juice, Sodium Citrate), Lactase Enzyme.

LIVE ACTIVE CULTURES: L. Bulgaricus, S. Thermophilus, Bifidobacterium. **Contains: Whole Milk GRADE A**

