

Nutrition Facts

Serving size 2 Tbsp (30g)

Amount Per Serving

Calories 140

% Daily Value*

Total Fat 6g 8%

Saturated Fat 3g 15%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 55mg 2%

Total Carbohydrate 20g 7%

Dietary Fiber 0g 0%

Total Sugars 8g

Includes 8g Added Sugars 16%

Protein 2g 4%

Vitamin D 0mcg 0%

Calcium 0mg 0%

Iron 0.36mg 2%

Potassium 0mg 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

ENRICHED UNBLEACHED WHEAT FLOUR
(WHEAT FLOUR, NIACIN, REDUCED IRON,
THIAMINE MONONITRATE, RIBOFLAVIN,
FOLIC ACID), SUGAR, PALM OIL, CONTAINS
LESS THAN 2% OF THE FOLLOWING:
MOLASSES, SALT, ARTIFICIAL FLAVOR.

CONTAINS: MILK INGREDIENTS.