

NUTRITION FACTS

Serving Size 3 tbsp (34g)

Servings Per Container 46

Amount Per Serving

Calories 140 **Calories from Fat** 30

% Daily Value*

Total Fat 3.5g **5%**

Saturated Fat 3g **15%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 110mg **5%**

Total Carbohydrate 26g **9%**

Dietary Fiber 1g **4%**

Sugars 22g

Protein 2g

Vitamin A 0% • Vitamin C 0%

Calcium 8% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: SUGAR, NONDAIRY CREAMER [COCONUT OIL, CORN SYRUP SOLIDS, SODIUM CASEINATE, SODIUM CITRATE, MONO- AND DIGLYCERIDES, SALT, SODIUM ALUMINOSILICATE], NONFAT MILK, COCOA POWDER (PROCESSED WITH ALKALI), BLACK TEA POWDER, HONEY GRANULES (SUCROSE, HONEY), SPICE BLEND (CINNAMON, CLOVE, CARDAMON, ANISE AND GINGER), NATURAL AND ARTIFICIAL FLAVORS, SALT, SILICON DIOXIDE (AS AN ANTI-CAKING AGENT), CARRAGEENAN GUM, GUAR GUM, CELLULOSE GUM, BOURBON VANILLA EXTRACT FROM MADAGASCAR.