

Nutrition Facts 營養標示

21 servings per container 每包總含份量

Serving size 單位攝取量 1/2 cup drained (85g)

Amount Per Serving 每份量營養成份

Calories 總熱量

15

% Daily Values* 每日食用值

Total Fat 總脂肪 0g **0%**

Saturated Fat 飽和脂肪酸 0g **0%**

Trans Fat 不飽和脂肪酸 0g

Cholesterol 膽固醇 0mg **0%**

Sodium 鈉 5mg **0%**

Total Carbohydrate 碳水化合物 3g **1%**

Dietary Fiber 食物纖維 1g **4%**

Total Sugars 糖 2g

Includes 0g Added Sugars 添加糖 **0%**

Protein 蛋白質 1g

Vitamin D 維生素 D 0mcg **0%**

Calcium 鈣 0mg **0%**

Iron 鐵 0.2mg **2%**

Potassium 鉀 70mg **2%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

每日飲食所需熱量以 2 0 0 0 卡路量以基準，每日值依個人實際所需熱量會有增減

Ingredients: Bamboo Shoots, Water
成分：麻竹筍、水