



NUTRITION OUTPUT FORM

ITEM NUMBER: 50624

ITEM DESCRIPTION: Kim & Scott's Pizza Stuffed Pretzel 6 oz 4 Pack

Nutrition Facts	
12 servings per container	
Serving size	1/3 pretzel (58g)
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 3g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 250mg	11%
Total Carbohydrate 23g	8%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0.2mcg	2%
Calcium 50mg	4%
Iron 1.5mg	8%
Potassium 110mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

100g NUTRITIONAL	
Basic Components	
Calories (kcal)	239.427
Calories from SatFat (kcal)	13.158
Protein (g)	9.095
Carbohydrates (g)	39.908
Dietary Fiber (2016) (g)	1.966
Total Sugars (g)	3.011
Added Sugar (g)	0.620
Fat (g)	5.118
Saturated Fat (g)	1.462
Mono Fat (g)	1.767
Poly Fat (g)	1.037
Trans Fatty Acid (g)	0.052
Cholesterol (mg)	6.608
Water (g)	43.496
Ash (g)	1.522
Vitamins	
Vitamin A - RAE (mcg)	7.442
Vitamin C (mg)	2.213
Vitamin D - IU (IU)	17.182
Vitamin D - mcg (mcg)	0.429
Minerals	
Calcium (mg)	93.809
Iron (mg)	2.661
Potassium (mg)	196.637
Sodium (mg)	435.003

INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PIZZA SAUCE (TOMATOES, SALT, CANOLA OIL, PECORINO ROMANO CHEESE [SHEEP'S MILK, CHEESE CULTURE, ENZYMES, SALT], OLIVE OIL, SPICES, GARLIC), WATER, MOZZARELLA CHEESE FILLING (CULTURED MILK, WATER, CREAM, SKIM MILK, WHEY, SODIUM PHOSPHATES, SALT, LACTIC ACID, SORBIC ACID [PRESERVATIVE], TITANIUM DIOXIDE [COLOR], ENZYMES), WHOLE WHEAT FLOUR, SHREDDED MOZZARELLA CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURES, SALT, ENZYMES, CULTURES), CONTAINS 2% OR LESS OF THE FOLLOWING: CANOLA OIL, FOOD STARCH-MODIFIED, SUGARCANE MOLASSES, YEAST, SALT, DOUGH CONDITIONER (ENRICHED WHEAT FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], ENZYMES), SPICE, BICARBONATES AND CARBONATES OF SODA.
CONTAINS MILK, WHEAT.
DOES NOT CONTAIN BIOENGINEERED FOOD INGREDIENTS.

LAST MODIFIED: 3.9.23

MODIFIED BY: Jenna Berghof

DOCUMENT REVISION #: O