



**U. S. CONSUMER PRODUCTS DIVISION**  
**McCORMICK & COMPANY, INC.**

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**Nutritional Datasheet**

**140013489 FRENCHS KETCHUP FS 12/20 OZ**

| NUTRIENT               | PER 100 GRAMS unrounded |
|------------------------|-------------------------|
| Calories (kcal)        | 119.231                 |
| KiloJoules (kJ)        | 498.862                 |
| Total Fat (g)          | 0.090                   |
| Saturated Fat (g)      | 0.028                   |
| Trans Fat (g)          | 0.000                   |
| Cholesterol (mg)       | 0.000                   |
| Sodium (mg)            | 1,004.926               |
| Total Carbohydrate (g) | 28.939                  |
| Dietary Fiber (g)      | 1.663                   |
| Total Sugars (g)       | 23.591                  |
| Added Sugars (g)       | 20.269                  |
| Protein (g)            | 1.385                   |
| Vitamin D (mcg)        | 0.000                   |
| Calcium (mg)           | 14.704                  |
| Iron (mg)              | 0.280                   |
| Potassium (mg)         | 303.233                 |
| Water (g)              | 66.124                  |
| Ethanol (Alcohol) (g)  | 0.064                   |
| Ash (g)                | 3.397                   |

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