



## LA CIE MCCORMICK CANADA CO.

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### Nutritional Datasheet

**140012788 GF-GM CRK BLK PEP & GAR SEASALT 27.52OZ**

| NUTRIENT               | PER 100 GRAMS unrounded |
|------------------------|-------------------------|
| Calories (kcal)        | 180.495                 |
| KiloJoules (kJ)        | 755.190                 |
| Total Fat (g)          | 1.426                   |
| Saturated Fat (g)      | 0.448                   |
| Trans Fat (g)          | 0.003                   |
| Cholesterol (mg)       | 0.000                   |
| Sodium (mg)            | 17,617.840              |
| Total Carbohydrate (g) | 38.885                  |
| Dietary Fiber (g)      | 8.956                   |
| Total Sugars (g)       | 0.883                   |
| Added Sugars (g)       | 0.000                   |
| Protein (g)            | 7.509                   |
| Vitamin D (mcg)        | 0.000                   |
| Calcium (mg)           | 169.406                 |
| Iron (mg)              | 4.093                   |
| Potassium (mg)         | 685.115                 |
| Water (g)              | 5.237                   |
| Ethanol (Alcohol) (g)  | 0.000                   |
| Ash (g)                | 46.943                  |

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