

Product Name	Frosted Hot Fudge Sundae
Flavor Descriptor	Naturally and Artificially Flavored
NLI Description	Production
Brand	POP-TARTS



Date Created	07-12-22
NLI #	16003b
Kosher Status	Not Kosher
Product of	U.S.A.

USDA Ounce Equivalents of Grain per Serving		
USDA Ounce Equivalents of Meat/Meat Alternate		
Whole Grains (g/serving)		0
USDA Bioengineered (BE) Status	Contains a bioengineered food ingredient	

Serving Size	2 Pastries				
Serving Size g	96				
Serving Size oz					
Amount Per Serving					
Calories	370				
		% Daily Value*		% Daily Value*	
Total Fat	9 g	12 %			
Saturated Fat	3 g	15 %			
Trans Fat	0 g				
Polyunsaturated Fat	3 g				
Monounsaturated Fat	2 g				
Cholesterol	0 mg	0 %			
Sodium	430 mg	19 %			
Total Carbohydrate	70 g	25 %			
Dietary Fiber	1 g	4 %			
Soluble Fiber					
Insoluble Fiber					
Total Sugars	33 g				
Includes 32g Added Sugars	32 g	64 %			
Sugar Alcohol					
Protein	4 g				
Vitamin D	0 mcg	0 %			
Calcium	10 mg	0 %			
Iron	1.5 mg	8 %			
Potassium	140 mg	2 %			
Vitamin A					
Vitamin C					
Vitamin E					
Vitamin K					
Thiamin					
Riboflavin					
Niacin					
Vitamin B6					
Folate	40 mcg DFE	10 %			
Folic Acid	25 mcg				
Vitamin B12					
Biotin					
Pantothenic Acid					
Phosphorus					
Iodine					
Magnesium					
Zinc					
Selenium					
Copper					
Manganese					
Chromium					
Molybdenum					
Chloride					
Choline					
Fluoride					

Ingredients:

Enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), **sugar, corn syrup, high fructose corn syrup, soybean and palm oil** (with TBHQ for freshness), **dextrose**.

Contains 2% or less of cocoa processed with alkali, modified corn starch, salt, cornstarch, leavening (baking soda, sodium acid pyrophosphate, monocalcium phosphate), hydrogenated palm kernel oil, sodium stearoyl lactylate, gelatin, color added, soy lecithin, DATEM, natural and artificial flavors, xanthan gum, yellow 6 lake, blue 2 lake, red 40 lake, yellow 5 lake, yellow 6, blue 1, carnauba wax, blue 2.

ALLERGEN INFORMATION:

CONTAINS WHEAT AND SOY INGREDIENTS.

Nutrient Contents Per 100g

Calories	383	Vitamin E	0 mg
Total Fat	8.9 g	Vitamin K	NA mcg
Saturated Fat	3.1 g	Thiamin	0.07 mg
Trans Fat	0.1 g	Riboflavin	0.16 mg
Polyunsaturated Fat	3.2 g	Niacin (NE)	1.9 mg
Monounsaturated Fat	1.9 g	Vitamin B6	0 mg
Cholesterol	0 mg	Folate (DFE)	44 mcg
Sodium	444 mg	Folic Acid	31 mcg
Total Carbohydrate	72.5 g	Vitamin B12	0 mcg
Dietary Fiber	1.3 g	Biotin	NA mcg
Soluble Fiber	0.8 g	Pantothenic Acid	NA mg
Insoluble Fiber	0.5 g	Phosphorus	42 mg
Total Sugars	34.2 g	Iodine	NA mcg
Added Sugars	33.8 g	Magnesium	7 mg
Sugar Alcohols	0 g	Zinc	0.1 mg
Protein	4 g	Selenium	NA mcg
Vitamin D	0 mcg	Copper	NA mg
Calcium	15.4 mg	Manganese	NA mg
Iron	1.6 mg	Chromium	NA mcg
Potassium	148 mg	Molybdenum	NA mcg
Vitamin A (RAE)	0 mcg	Chloride	NA mg
Vitamin C	0 mg	Choline	NA mg
NA = Database values for the nutrient do not exist or are incomplete.		Fluoride	NA mg
		Moisture	12.75 %
		Ash	1.85 %
		Whole Grain	0 %

GTIN/UPC Code	Type of Package	Net Weight	Servings Per Container
000 38000 50471 6	Pouch	3.3 OZ (96g)	1
000 38000 50470 9	Carton	20.3OZ (1 LB 4.3 OZ) (576g)	6
000 38000 50469 3	Case	72 - 3.3 OZ (96g)	72
000 38000 22198 9	Carton	20.3 OZ (1 LB 4.3 OZ) (576g)	
		2 - 3.3 OZ (96g)	
		2 - 3.3 OZ (96g)	
		2 - 3.3 OZ (96g)	2
000 38000 22188 0	Case	6 - 20.3 OZ (1 LB 4.3 OZ)(576g)	36
000 38000 22549 9	Carton	27 OZ (1 LB 11 OZ) (768g)	8
000 38000 22548 2	Case	8 - 27 OZ Packages	64
000 38000 50038 1	Carton	13.5OZ (384g)	4
000 38000 50037 4	Case	12 -13.5OZ (384g)	48
000 38000 16050 9	Case	8 - 13.5OZ (384g)	32
000 38000 50034 3	Carton	20.3OZ (1 LB 4.3OZ)(576g)	6
000 38000 50033 6	Case	12-20.3OZ (1 LB 4.3OZ)(576g)	72

Product information can change at any time.
Always refer to product package for current nutrition and ingredient information.

Stefanie Dove, MBA RDN SNS

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