

Ingredients

Nutrition

NUTRITION FACTS

Serving Size 1/2 cup (30g)

Servings per Container Varied

Amount per Serving

Calories 150

Calories from Fat 60

% Daily Value*

Total Fat 6g 9 %

Saturated Fat 1g 6 %

Trans Fat 2g

Cholesterol 0mg 0 %

Sodium 310mg 13 %

Total Carbohydrate 20g 7 %

Fiber 1g 4 %

Sugars 1g

Protein 3g

Vitamin A 0%

Vitamin C 0%

Calcium 0%

Iron 4%

Vitamin E 0%

Niacin 0%

Phosphorus 0%

Magnesium 0%

Manganese 0%

Last Changed: 8/12/2013