

Product Name	Table Water Original Crackers
Flavor Descriptor	
NLI Description	Production
Brand	CARR'S



Date Created	07-12-22
NLI #	15991
Kosher Status	OU Pareve
Product of	England

USDA Ounce Equivalents of Grain per Serving		
USDA Ounce Equivalents of Meat/Meat Alternate		
Whole Grains (g/serving)		
USDA Bioengineered (BE) Status	BE disclosure not required	

Serving Size	4 Crackers					
Serving Size g	14					
Serving Size oz						
Amount Per Serving						
Calories	50					
			% Daily Value*			% Daily Value*
Total Fat	1	g	1	%	g	%
Saturated Fat	0	g	0	%	g	%
Trans Fat	0	g			g	
Polyunsaturated Fat		g			g	
Monounsaturated Fat		g			g	
Cholesterol	0	mg	0	%	mg	%
Sodium	80	mg	3	%	mg	%
Total Carbohydrate	10	g	4	%	g	%
Dietary Fiber	0	g	0	%	g	%
Soluble Fiber		g			g	
Insoluble Fiber		g			g	
Total Sugars	0	g			g	
Includes 0g Added Sugars	0	g	0	%	g	%
Sugar Alcohol		g			g	
Protein	1	g		%	g	%
Vitamin D	0	mcg	0	%	mcg	%
Calcium	31	mg	2	%	mg	%
Iron	1	mg	4	%	mg	%
Potassium	29	mg	0	%	mg	%
Vitamin A		mcg		%	mcg	%
Vitamin C		mg		%	mg	%
Vitamin E		mg		%	mg	%
Vitamin K		mcg		%	mcg	%
Thiamin		mg		%	mg	%
Riboflavin		mg		%	mg	%
Niacin		mg		%	mg	%
Vitamin B6		mg		%	mg	%
Folate		mcg DFE		%	mcg DFE	%
Folic Acid		mcg		%	mcg	%
Vitamin B12		mcg		%	mcg	%
Biotin		mcg		%	mcg	%
Pantothenic Acid		mg		%	mg	%
Phosphorus		mg		%	mg	%
Iodine		mcg		%	mcg	%
Magnesium		mg		%	mg	%
Zinc		mg		%	mg	%
Selenium		mcg		%	mcg	%
Copper		mg		%	mg	%
Manganese		mg		%	mg	%
Chromium		mcg		%	mcg	%
Molybdenum		mcg		%	mcg	%
Chloride		mg		%	mg	%
Choline		mg		%	mg	%
Fluoride		mg		%	mg	%

Ingredients:

ENRICHED FLOUR (WHEAT FLOUR, CALCIUM, NIACIN, IRON, THIAMIN MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), PALM OIL, SALT.

ALLERGEN INFORMATION:

CONTAINS WHEAT.

MAY CONTAIN MILK, SOY, OTHER SOURCES OF GLUTEN (BARLEY, RYE, OAT), AND SESAME.

Nutrient Contents Per 100g

Calories	409	Vitamin E	NA	mg
Total Fat	7.3 g	Vitamin K	NA	mcg
Saturated Fat	3.2 g	Thiamin	NA	mg
Trans Fat	0.1 g	Riboflavin	NA	mg
Polyunsaturated Fat	NA g	Niacin (NE)	NA	mg
Monounsaturated Fat	NA g	Vitamin B6	NA	mg
Cholesterol	0 mg	Folate (DFE)	NA	mcg
Sodium	561 mg	Folic Acid	NA	mcg
Total Carbohydrate	74.2 g	Vitamin B12	NA	mcg
Dietary Fiber	3.4 g	Biotin	NA	mcg
Soluble Fiber	NA g	Pantothenic Acid	NA	mg
Insoluble Fiber	NA g	Phosphorus	NA	mg
Total Sugars	2.1 g	Iodine	NA	mcg
Added Sugars	0 g	Magnesium	NA	mg
Sugar Alcohols	NA g	Zinc	NA	mg
Protein	10 g	Selenium	NA	mcg
Vitamin D	0.3 mcg	Copper	NA	mg
Calcium	222 mg	Manganese	NA	mg
Iron	5.2 mg	Chromium	NA	mcg
Potassium	205 mg	Molybdenum	NA	mcg
Vitamin A (RAE)	NA mcg	Chloride	NA	mg
Vitamin C	NA mg	Choline	NA	mg
NA = Database values for the nutrient do not exist or are incomplete.		Fluoride	NA	mg
		Moisture	NA	%
		Ash	NA	%
		Whole Grain	NA	%

GTIN/UPC Code	Type of Package	Net Weight	Servings Per Container
000 59290 57322 0	Carton	4.25 OZ (120g)	About 8
100 59290 57322 7	Case		
000 59290 92617 0	Carton	25.5OZ (1LB 9.5 OZ) 720g	
			About 25
100 59290 92617 7	Case	11 LB 2.5 OZ (5.04kg)	
000 59290 57306 0	Carton	2.2 OZ (62g)	About 4
100 59290 57306 7	Case		
000 30100 12035 3	Case		
000 30100 12036 0	Carton	43.31 OZ (2 LB 11.31 OZ) (1.22kg)	
			About 18
100 59290 57533 7	Case		

Product information can change at any time.
Always refer to product package for current nutrition and ingredient information.

Stefanie Dove, MBA RDN SNS

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