

Nutrition Facts

varied servings per container

Serving size (100g)

Amount Per Serving

Calories **610**

% Daily Value*

Total Fat 55g **71%**

Saturated Fat 4g **20%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 0mg **0%**

Total Carbohydrate 18g **8%**

Dietary Fiber 11g **39%**

Sugar Alcohol 0g

Total Sugars 5g

Includes 0g Added Sugars **0%**

Protein 21g

Vitamin D 0mcg **0%**

Calcium 291mg **20%**

Iron 4mg **20%**

Potassium 700mg **15%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.