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Technical Data Information

Product Specification

Product ID: Calrose Medium Grain White Rice

Application

Ready-to-Cook rice

Description

Calrose Medium Grain White Rice.

Aroma/Flavor

Delicate Aroma

Packaging

Stored in BOPP bags. Net Wt. 50 lb. (22.7 kg)

Percentage Breakdown Per Container

100% Calrose Medium Grain White Rice

Preparation Instructions

Stove Top:

1. Combine 1 cup of rice and 2 cups of water in a 3-quart saucepan.
2. Bring contents to a boil.
3. Reduce heat, cover, and let simmer for 15-20 minutes or until water is absorbed.
4. Remove from heat and let stand COVERED for 5 minutes before serving.

Microwave:

1. Combine 1 cup of rice and 2 cups of water in a 2-quart microwave-safe dish.
2. Cover and microwave on HIGH for 5 minutes. Reduce setting to 50% power, microwave for 15-20 minutes.
3. Remove from microwave and let stand COVERED for 5 minutes before serving.

Microwave ovens vary. Adjust cooking times as needed.

Nutritionals

Nutrition Facts

About 482 servings per container
Serving size 1/4 cup (47g)

Amount per serving
Calories 170

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 37g	13%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%

Protein 3g	
Vitamin D 0mcg	0%
Calcium 4mg	0%
Iron 0mg	0%
Potassium 40mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredient Statement

Calrose Medium Grain White Rice.