

Nutrition Facts

Serving Size 4 3/10 oz (122g)

Servings per Container 14

Amount per Serving

Calories 430 **Calories from Fat** 280

% Daily Value*

Total Fat 32g **49%**

Saturated Fat 19g **96%**

Trans Fat 0g

Polyunsaturated Fat 2g

Monounsaturated Fat 9g

Cholesterol 150mg **50%**

Sodium 300mg **12%**

Total Carbohydrate 29g **10%**

Dietary Fiber 1g **2%**

Soluble Fiber 0g

Sugars 22g

Protein 8g

Vitamin A 40% • Vitamin C 0%

Calcium 8% • Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram

Fat 9 • Carbohydrates 4 • Protein 4