

Nutrition Facts

Serving Size 3 oz (85g)

Servings per Container 16

Amount per Serving

Calories 320 Calories from Fat 160

% Daily Value*

Total Fat 18g 27%

Saturated Fat 11g 54%

Trans Fat 0g

Polyunsaturated Fat 1g

Monounsaturated Fat 4g

Cholesterol 20mg 6%

Sodium 180mg 7%

Total Carbohydrate 38g 13%

Dietary Fiber 1g 4%

Soluble Fiber 0g

Sugars 24g

Protein 3g

Vitamin A 20% • Vitamin C 0%

Calcium 6% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram

Fat 9 • Carbohydrates 4 • Protein 4