

Nutrition Facts

Serving Size 1 oz (28 g)

%DV*

Amount/Serving

Calories 10

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	-
Cholesterol 0mg	0%
Sodium 270mg	12%
Total Carbs 3g	1%

Dietary Fiber 1g	4%
Total Sugars 2g	-
Includes 1g Added Sugars	2%
Protein 0g	-
Vitamin D 0mcg	0%
Calcium 12mg	0%
Iron	0%
Potassium 47mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Cabbage, Garlic, Apple, Mustard Green, Salt, Carrot, Sugar, Green Onion, Korean Red Pepper, Ginger.